

Normanton Health Walk

Town Hall to Parish Church

Circular Walk

2km/1.2 miles approximately

- 1 From Town Hall entrance, cross over the road towards the Castleford Road. Cross over Queen Street/Castleford Road at the crossing and walk down Snyderale Road.
- 2 At the church, take the path to the right into the church grounds /cemetery. The walk follows the perimeter path around the cemetery.
- 3 Walking away from the church note the memorial garden on the left, walk towards the houses, here the path bears right and then bear left towards the Neville street entrance.
- 4 Walk past the two outbuildings/garage to follow the path alongside the brick wall. Exit the cemetery at Church Lane.
- 5 Turn right onto Church Lane, walk past the school towards Queen Street. Cross Queen Street at the pelican crossing.
- 6 Continuing along Church Lane onto the precinct, (High Street).
- 7 Turn right to return to the Town Hall.





Health Notes

Try to walk for 30 minutes every day.

Remember walking can:



Make you feel good



Give you more energy



Help you sleep better



Help you reduce stress



Keep your heart strong



Reduce blood pressure



Help manage your weight



Improve your life expectancy



- 1 Normanton Town Hall
- 2 Entrance to Church grounds
- 3 Memorial Garden
- 4 Exit the cemetery at church lane

Produced by:
Normanton Town Centre Partnership
Tel: 01924 304962

Funded by Wakefield Council - support for Town Centre's and the Government Department of Communities and Local Government.

October 2010